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HAYWARD

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fashion

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Sam Branson's latest stunt

Sexy!

The Little
Black Book:
200 dream
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The champagne workout

Party hard & stay thin

What your
knickers say
about you

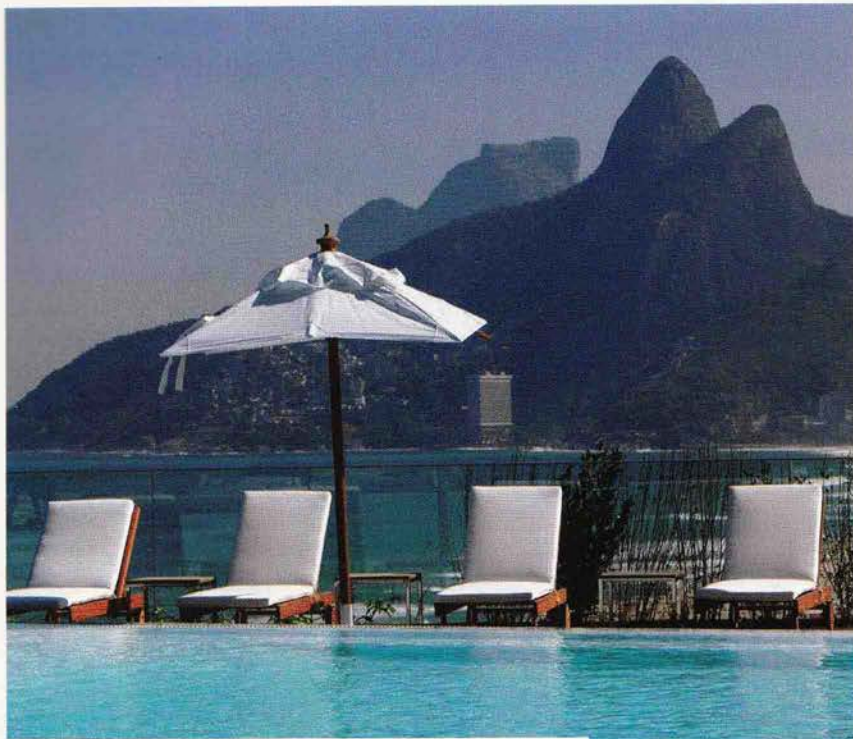
Plus

Matthew Mellon
Roman Abramovich
Karl Lagerfeld

Hilary Swank

pure gold





Fasano

Rio de Janeiro, Brazil

This swinging sister of São Paulo's iconic Fasano is sending great ripples of excitement through the movers and groovers of Brazil's most happening city. Think Fifties furniture (very gentleman's club) with a 2008 vibe. There's a sexy top-floor swimming-pool overlooking the mountains which is brilliant for watching beach babes strut their stuff. The food is making waves too – chef Luca Guzzoni was poached from a Michelin-starred restaurant in Florence. This is a place with all the service of a big hitter, in the middle of the action, but with a young, funky mood that's not scary in the least. **Website** fasano.com.br. **UK reservations** Cleveland Collection (tel: 0845 450 5732). **Rates** Double, from £270.



Vivenda dos Palhacos

Goa, India

This old Portuguese mansion in the quiet village of Majorda is Goa gone glam. Book the Konnagar Suite – it has enough room to swing 10 cats in and a verandah for watching village life go by. Or for something pretty and girlie, go for Ooty: white and airy with a great smashed-mirror mosaic bathroom. The lovely thing about Vivenda is it doesn't feel like a hotel; you are staying with friends in an impeccably decorated house. Feasting takes place around a big table in the garden or the dining room and the owners, brother and sister duo Charlotte and Simon Hayward, are such good company that the air is abuzz with chatter. **Website** vivendagoa.com. **UK reservations** i-escape.com. **Rates** Double, from £150, including breakfast.



Eden Rock

St Bart's, French West Indies

Of all the hotels in St Bart's, Eden Rock is the one that causes a real scene when the hordes are in town over Christmas. First, the food is the best; it's here in the restaurant, On the Rocks, on beautiful terraces looking out over the sea, that the serious party people get dizzy on the fizzy, pimp-rolling their way round the bar like it's a Kanye West video. Secondly, the newly revamped rooms are terrific. Sure, the beach may be a wee slip of a thing compared with some of the island's wild rollers, but this space, these decks, those hot tubs! Eden Rock was already pretty irresistible but has just got a whole lot more fabulous; a legend with a real shake in her tailfeather. **Website** edenrockhotel.com. **UK reservations** Azure (tel: 01244 322 770). **Rates** Double, from £280.

Goa for it!

We'd like to teach the world to stay in perfect harmony – in the chic new Goa, says Ticky Hedley-Dent





Clockwise from left, Kate Moss. Inside Siolim House. A room in Raj Angan



The bedroom on the top floor is vast and beyond sexy

◁ four-poster bed with embroidered Indian curtains stands grandly in the centre; a moon terrace reflects the light of the full moon; and the circular bath is big enough for a harem. It's the sort of place that you desperately want to keep secret but also desperately want to share.

Wherever you stay in the north you really should visit Anjuna. The people-watching is gripping and it's easy to retreat to the calm of Siolim when you need to. Anjuna is where those legendary full-moon parties were held before there was a government crackdown. It's still peppered with ravers, hippies and curious travellers (when did they last sleep?) heading to beach shacks such as Curly's to sip cocktails and listen to trance beats. Combine a trip to Anjuna Beach with a visit to its flea market held every Wednesday (although the atmospheric Saturday-night market at Arpora is actually better). When you've done with gawping, go and eat – northern Goa is full of fabulous restaurants. The in-crowd flocks to La Plage at Aswem during the day. This Gallic-Mediterranean beach shack is Goa's answer to St Tropez's Club 55. Make sure you stay on the beach for the incredible sunsets. And do eat at the Thai restaurant Ku, well off the beaten track and run by Euro-hippie couple Maria and Chris. Everybody knows them and you feel as if you're walking into Alex Garland's *The Beach*. If you want

to sample Indian nightlife at its best, spend a night out on the tiles in Baga. The hottest places to eat are Fiesta and Le Restaurant (be sure to book – it's as hard to get a table here as it is at Scott's). Kama Sutra is a popular place to hang out, a kind of Indian version of Ibiza's Bambuddha Grove – they mix a mean Mojito. The clubs are pretty ghastly in Goa, but if you are feeling brave, head to Mambo's or Tito's. The music is trance-meets-happy house: ie, hectic. The more spiritually enlightened tend to hang out at villa parties rather than face the scrum.

And so to the south, where party people flock to Colva Beach. No surprise, then, that a slinky little boutique hotel has popped up to entertain the fashion crowd. Soul Vacation is the first hotel from the people who run the very successful Shalom bar in Delhi. Think *Miami Vice*: white paint, wooden cabanas with floaty white chiffon, low lighting and long-playing lounge music – yes, it's one of those places that produces its own CD. You can be massaged outside, have a pottery lesson in the garden or pose in the outside bar, drinking Caipirinhas as the sun goes down. However, bearing in mind the name of the place, it does feel rather soulless, ironically. The real jewel of the south is the new and wonderful Vivenda dos Palhacos. Situated in the quiet village of Majorda, this old Portuguese mansion feels like it's a million miles from the bustle of the beach. Run by expat siblings Charlotte and Simon Hayward, this cute little nook is like a private house (those wanting an international five-star experience should head to the Park Hyatt or the Leela). The Haywards were brought up in India (the family owned Haywards distillery in Calcutta) and are perfect hosts. They have Goa on lockdown and can recommend the best